

We place a Student Assistance Counselor in each school from two to five days per week, depending on the size of the school. Counselors provide an assessment and conduct individual and group sessions for students with alcohol, drug, school, family, peer or other problems that can lead to alcohol and other drug use. Prevention efforts are aimed at changing student, parent and community norms and expectations about substance use.

What are the Qualifications of the Counselors?

All of our Student Assistance Counselors are certified and have a Master's Degree in social work, psychology or other counseling area. They also have counseling experience working with adolescents. Counselors maintain their professional licensure and certification for Student Assistance Counselors (CSAC).

How are Students Referred?

Self-referrals account for more than half of all referrals. Students are also referred by school administrators, guidance counselors, teachers, parents and friends.



Is Treatment Available?

We are not a treatment agency; rather, our counselors provide an assessment and, when needed, referrals to the most effective and appropriate professionals and/or treatment programs.

Is this Service Confidential?

We maintain strict adherence to State and Federal laws governing the confidentiality of federally-assisted alcohol and drug abuse services.

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